

Name: _____

Student Number: _____



Grad Transition Plan

Your transition plan is an **exploration** and **documentation** of your plans beyond your life as a secondary school student.

Consider the following questions:



What are you planning to do?

- Work/employment, skills upgrading, post secondary education, training etc...

Where will you pursue your plan?

- Are you staying in Vancouver? Moving to another community?

Why have you decided on that particular route?

- What interests, aptitudes, skills led you to this decision?

How will you fulfill your plan?

- You will document finances, supports, preparation

Building your Transition Plan

To create your transition plan you will be using information from prior learning activities which you completed in:

- Planning 10
- A Career Program
- Post Secondary Career Exploration
- And/or various other courses

Some of these activities may include:

- Self-inventories
- Career sector research
- Research of post-secondary education and training
- Participation in a career program

ASSESSMENT

You will be graded on how you answer the following questions based on this key:

1 = Not Yet Within Expectations

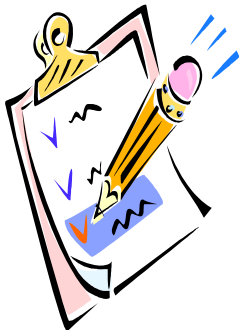
2 = Meets Expectations

3 = Exceeds Expectations

CHECKLIST

Before turning this in, ensure that the following checklist is complete, and all necessary documents are **STAPLED to this booklet!**

- This completed transition plan booklet
- Job/Post Secondary Application (completed)
- Current Resume
- Reference Letter



Goal Setting

Brainstorm your ideas for:

Short Term Goals

Less than 2 years

Consider:

- Workforce
- Post-secondary education or training
- Skills upgrading
- Travel
- Other

NOTES

Long Term Goals

More than 2 years

Consider:

- Eventual career choices
- Financial goals
- Key life experiences
- Other

NOTES

Short Term Goals

List your goals and suggest a timeline.

Goal: _____.

Date: _____.

Goal: _____.

Date: _____.

Goal: _____.

Date: _____.

Long Term Goals

List your goals and suggest a timeline.

Goal: _____.

Date: _____.

Goal: _____.

Date: _____.

Goal: _____.

Date: _____.

Need Help? <http://www.topachievement.com/goalsetting.html>

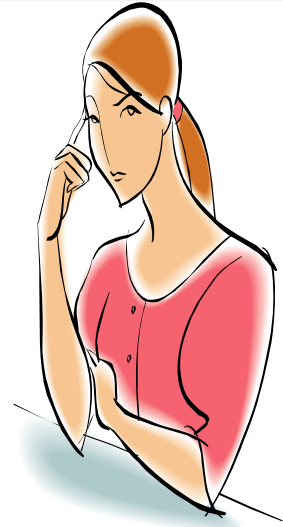
Personality

Aptitudes

- A. Complete the Jung Typology Test located at www.humanmetrics.com

Record your current four letter personality code: _____.

- B. Explore your personality type on the website www.personalitypage.com. Do you think the results of this assessment are accurate? Why or why not?



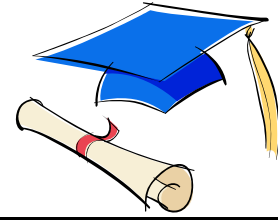
Values

How do/will you contribute to society? Today and in the future?
(locally, nationally, globally)



What do you believe in? Design a personal philosophy statement that describes your beliefs.

Education Training and Experience



1. What education, training, and/or experience is required to achieve your long-term goals?

_____.

_____.

2. What institutions or facilities provide this training? (These may be on the jobsite or at an institution)

Name of Facility: _____.

Location: _____.

Name of Facility: _____.

Location: _____.

3. Select one institution/facility at which you plan to train/study. For this institution describe:

A. Name of the program. _____.

B. Application deadline. _____.

C. Cost of the program. _____.

D. Duration of the program. _____.

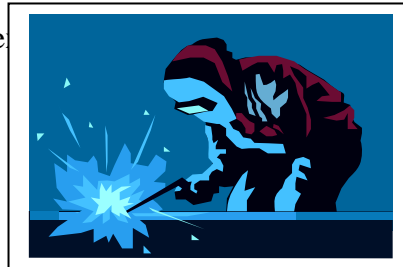
E. Entrance requirements (Courses, skills, e

_____.

_____.

_____.

_____.

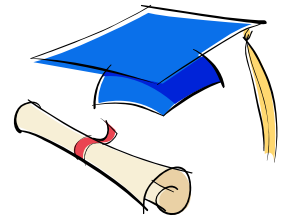


Need Help? Check out www.educationplanner.bc.ca

Education Training and



Experience



3. (continued)

F. What credential(s) will you attain from this institution, program, or training?

G. Why is this program at this institution most appropriate to your interests, lifestyle, and preferences?



4. Download and fill in a copy of an application for enrollment/employment for this institution. **STAPLE** your completed application to this transition plan booklet

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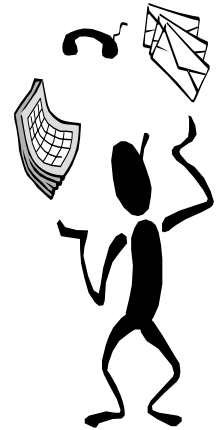
School, Work, and Community Experiences



1. List courses you have taken during grades 10, 11, and 12 that have helped prepare you to reach your goals.

_____ : _____ : _____
_____ : _____ : _____

2. Discuss one of the above courses. Describe the skills, knowledge, and/or attitudes that were developed in this course and how it has been helpful.



3. What other positive experience have you had from your secondary school experience? (extra curricular, intramurals, clubs, projects, field studies, friends, etc...)

4. Discuss what work, volunteer or community experiences have helped you, or will help you achieve your goals?

Challenges and Resources

1. List potential challenges you may face in the achievement of your goals.

i. _____.

ii. _____.

iii. _____.



2. How might you overcome these challenges?

i. _____.

ii. _____.

iii. _____.

3. List examples of resources that you can use in pursuing your goals. (i.e., family, teachers, employers, websites, community members, personal education plan, etc.)

i. _____.

ii. _____.

iii. _____.

iv. _____.

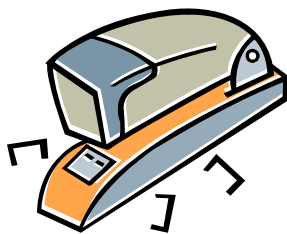
v. _____.

Resume and Reference Letter

1. **STAPLE** a copy of an up to date resume to this transition plan.

Need help? Visit

- <http://jobstar.org/tools/resume/index.php>
- <http://www.collegegrad.com/resume/resumemaker.shtml>
- <http://www.careerexchange.com/recruit/forms/resume.html>



2. **STAPLE** a copy of a reference letter that could be used to apply for employment or post secondary training.



Budget



- Fill in the following budget showing your financial plan for the **NEXT YEAR**.
- Remember, in order to achieve your financial goals, your **INCOME** must be greater than your **EXPENSES**.

	monthly	annual (Sept – Sept)
income		
Job #1	\$	\$
Job #2	\$	\$
Other (gifts, scholarships, loans, etc.)	\$	\$
total income	\$	\$
expenses		
Fixed expenses		
Savings	\$	\$
Rent	\$	\$
Car insurance	\$	\$
Car payment	\$	\$
Other	\$	\$
Flexible expenses		
Food/Eating out	\$	\$
Utilities	\$	\$
Transportation	\$	\$
Bus Fare	\$	\$
Gas and Oil	\$	\$
Parking and tolls	\$	\$
Repairs	\$	\$
Others	\$	\$
Other		
Clothing	\$	\$
Entertainment	\$	\$
Personal Items	\$	\$
Medical	\$	\$
Household items	\$	\$
Tuition/School expenses	\$	\$
Other	\$	\$
total expenses	\$	\$

